

Healthcare Cost Containment Committee Minutes
September 5, 2012
3:30 p.m. to 5:00 p.m.

Attendees: Carolyn Belfiore, Linda Freeman, Linda Hastings, Debie Clayton, Karen Bonin, Marge Chiafery, Linda Murgo, Bob Gidari, Marsha McGill, Ray Blank, Kim DeMaso, George Markwell and Christine Soucy

1. Welcome to New Committee Members

Marge Chiafery welcomed Sharon Putney, assistant principal at Thorntons Ferry Elementary School to the committee. Sharon replaced David St. Jean as one of two representatives for the administrators.

The committee membership will be complete after a representative for the retiree group has been attained.

2. Approval of June 6, 2012 Minutes

Linda Freeman moved (seconded by Karen Bonin) to approve the June 6, 2012 minutes. The June minutes will be placed on the district's web site by September 7, 2012.

The motion passed 10-0-4 with Ray Blank, Kim DeMaso, Bob Gidari and Sharon Putney abstaining.

3. Results from June 2012 Survey

One hundred forty three (143) respondents completed the June 2012 Health and Safety Interest Survey compared to three hundred ten (310) respondents who completed the June 2011 survey.

It was suggested that the survey participation rate might increase if the survey was administered in May rather than June.

The three most popular health and safety topics continue to be weight management, physical activity, and stress and quality of life.

The response to question #14 indicated that the individuals who did not complete the 2012 Health Assessment Survey either forgot about the survey or did not have time to complete the survey.

The committee members considered what could be done to help individuals remember and find time to complete the survey.

Other survey results indicated that individuals:

- are willing to participate in a one hour activity after school
- are willing to help plan activities
- prefer to receive information via email
- who completed the survey are between the ages of 55 and 64
- are aware that spouses are eligible to receive \$75 for completing the survey
- are aware of the \$300 Health Assessment reimbursement
- want to know where to find a list of eligible programs for Health Assessment reimbursement

The following are comments and reactions by the members of the committee regarding the survey results.

- Provide individuals with the Local Government Center's Enrollee Services Representatives phone number (800-527-5001) if they need help with the Health Assessment Survey login information.
- The results of question #23 compared to question #21 were different than would be expected. Review the wording of questions #21 and #23. (attached)
- Individuals tend to complete the Health Awareness Survey and not participate in Health Awareness reimbursable programs.
- Break down responses to questions #9, #10, and #11 by school (attached)
- Address question #18, response "c" (attached). Emphasize that any suggested program will be reviewed by an LGC team upon request.

Specific information regarding future changes to the Slice of Life program will be available by the November 7, 2012 meeting.

4. Goals for 2012-2013

Successfully implement the On the Mark Assessment. Process the results and share outcomes with constituents. Use report to establish long and short term goals.

Know the components of Health Awareness program and upcoming changes. Outline program details in a concise and easy to understand format that will encourage individuals to participate.

Become knowledgeable about medical consumerism, the district's medical trends, and more information about the COMPASS SmartShopper program.

5. Strategies to Increase the Health Assessment Participation Rate

The change in appearance and size of the envelope containing the Health Assessment material was confusing to people. It was suggested that a copy of the envelope be posted in schools in November to help employees reorganize how the mailing will look.

Secure a computer lab during the work day for individuals to use to access the survey and receive assistance if needed.

Marge Chiafery noted the Health Analysis Survey completion rate has increased each year. The goal for the 2012 Health Analysis Survey completion rate is 79%. As of August, the survey completion rate was 62%.

Suggestions on how to increase the completion rate by 17% include:

- Personal contact with staff, especially new hires, in each building
- Notify new employees that their spouses can call LGC to get their survey access code rather than wait for the packet of material.
- Notify newly married employees that their spouses may be eligible to participate if they participate in the district's insurance plan.
- Contact the retirees who participate in the district's insurance plan.

The new Slice of Life material containing survey access codes will be mailed out in October or November.

Linda Hastings will supply committee members with the names of staff who are participate in the district insurance for follow up purposes.

The \$25 biometric testing incentive through the Local Government Center may have replaced future onsite biometric testing performed by Southern New Hampshire Medical Center.

6. Hospitality for 2012-2013

Bob Gidari and Karen Bonin volunteered to bring refreshments for the October 3rd meeting.

7. Other

Trail at Thorntons Ferry Elementary School

Marge Chiafery reported that work was performed on the trail at Thorntons Ferry Elementary School in the summer of 2012. She will plan a future meeting at Thorntons Ferry so the committee members can visit the site.

HEAL Award:

Marge Chiafery reported that Thorntons Ferry Elementary School was the first school in the state to receive the new HEAL (Healthy Eating Active Living) award in 2011.

Marge Chiafery explained that the HEAL Award would be discussed at the joint meeting between the School Board and the Town Council on September 6, 2012.

2012-2013 School Year Meeting Dates

Meeting Date	Refreshments
September 5, 2012	Marge Chiafery, Linda Freeman
October 3, 2012	Bob Gidari and Karen Bonin
November 7, 2012	Christine Soucy and Linda Murgio
December 5, 2012	Sharon Putney and Ray Blank
January 2, 2013	
February 6, 2013	Carolyn Belfiore and Kim DeMaso
March 6, 2013	
April 3, 2013	
May 1, 2013	
June 5, 2013	